

Term Two, Weeks Eight, Nine & Ten

SafeAz Award - Home, Road & Fire

Community/Physical

This is a three week award and modules can be done in any order. It is suggested you obtain assistance from experts in the different fields eg Fire Safety Officer, Police Safety Officer etc.

Also try to either arrange a visit to a local fire station or do practical learning like taking a walk for road safety and have a scenario of an emergency.



In this country over recent years we have been educated to be far more aware of possible dangers when venturing out of doors and organisations such as The Mountain Safety Council can be thanked for helping us to be able to continue to have some great outdoor experiences while reducing the risk of accident or injury.

There are two types of risk - perceived risk and actual risk. The Senior Leader must have a well documented Risk Management Plan covering both types of risk which all other adults having responsibilities during the outing must also be familiar with. Knowing that there are correct procedures and action plans to follow if mistakes happen or things go wrong will give leaders the confidence to regularly include outdoor activities in their programme. Risks cannot be entirely eliminated but a well planned outing will certainly reduce them happening.

Aim:

The purpose of this award is to educate girls in the process of risk management. The group will be taught what to do in the event that normal activities can sometimes place a girl in a dangerous situation.

Put simply: Training in prevention of, and what to do in emergencies.

Note: Although you have three weeks for this Award, you need to include something "special" for the third night as this is the last night of term, invite parents for the last part of the third night for the presentation of Awards to their daughters.

A suggested outline for the last night is at the end of this programme.

Set up:

Start with the usual set up format for your Unit.

Devotions:

Choose devotions that are relevant to the topics you have chosen to do.

Here are two suggestions: (Courtesy of BB God-on-line)

1.Round and Round the Roundabout

Visual Aid - Take a small toy car. Draw a circle on the floor or table top and circle the car around and around.

Introduction

Have you been in a car going around the roundabout?

What happens if you don't know which exit to take off?

Have you gone around and around a roundabout before?

Illustration

Roundabouts are interesting things. They seem to go in and out of fashion with the engineers that design roads. They're intended to keep traffic flowing smoothly, without the interruption of traffic lights. Of course for a roundabout to work properly, those using it need to be familiar with the road rules.

When you're on a roundabout with more than one lane, it can get quite tricky to cross the traffic and take the right road off the roundabout. Sometimes it is so tricky that you have to go around the roundabout again and maybe even again. Of course, some people deliberately like to go around and around the roundabouts. I suspect that if you went too many times around a roundabout, without attempting to get off the roundabout, the driver of the car would get dizzy and eventually the car would crash.

Progression

Forgiveness is not something we talk about a lot. When we've done something wrong and we're really sorry, we can apologise and ask the person we've hurt or offended, to forgive us. That in itself can be hard enough.

Can you think of anything that has happened to you that you have found either hard to ask forgiveness or to forgive someone else?

When someone has hurt us or offended us in some way, we find ourselves on a roundabout. At first, we might complain to everyone we see, about the person. We tell the story of what they've done a few times. We make sure that others feel sorry for us, and take our side. Maybe we're angry with the person and we find ways of getting rid of some of that early anger. Eventually, when the first burst of hurt and anger has passed and we've been around the roundabout a few times, we have to decide what we'll do next.

In the Bible Jesus says, **"Whenever you stand up to pray, you must forgive what others have done to you. Then your Father in heaven will forgive your sins."**

Application

God wants to forgive us, but we need to forgive others first. When we're on the roundabout of unforgiveness, it's hard sometimes to think straight. But we have two choices to make. We could keep on going around the roundabout. Keep on complaining, keep on hurting and feeling angry and continue getting bitter and hateful towards the other person. If we decide to keep on going around the roundabout in this way, we could end up crashing.

On the other hand, we could decide to get off the roundabout. To forgive the other person and move on. The interesting thing about forgiveness is that it is more than feeling sorry that something happened. Forgiveness is a promise never to bring up the same hurt again. We can't keep going around and around, feeling sorry for ourselves repeatedly. We have to get off the roundabout of unforgiveness and move on. It is a promise never to bring up the hurt again.

Prayer

Dear God

Help us to be forgiving people. Help us to stop going around and around the unforgiveness roundabout, and instead find ways to get off the roundabout, never to bring up a hurt again.

Show us today some things that we should be forgiving over. AMEN

Further information: This passage is based on Mark 11 : 25 - 26

2. When the heat is on: (Courtesy BB God-on-line)

Visual Aid

Take a fan heater and turn it on full.

Introduction

What is the purpose of using a heater?

When do we use heating?

Does anyone have a fireplace as a heater?

What are some other characteristics of fire?

Illustration

Have you ever felt too hot? So uncomfortably hot that you had to get out of the room you were in?

When we're cold, heat warms us. But we can get too hot. Fire is one of those things that can be both useful and good, and harmful and destructive.

When is fire useful? When can it be destructive?

Progression

Daniel's three friends were in deep trouble with the king. The king had put up a beautiful gold statue in his town. Everyone was supposed to bow down and worship it. The three friends (their names were Shadrach, Meshach and Abednego) refused. The king was angry. He ordered that his fiery furnace be heated to seven times hotter than usual. His soldiers threw the three friends into the fire. The flames were so hot that some of the soldiers were killed.

Suddenly the king jumped up and shouted, "Weren't only three men tied up and thrown into the fire?" "Yes, Your majesty," the people answered.

"But I see four men walking around in the fire," the king replied.

Who do you think was in the fire with the three friends?

The king went closer to the furnace and ordered the three men to come out. "You servants of the Most High God, come out at once!" They came out and everyone crowded around them.

Everyone was amazed to see that they were not burned, their hair wasn't scorched and their clothes didn't even smell of smoke. The king was amazed at the faith of these men who had trusted their God and not obeyed the king's command. He was amazed at their God who had rescued them out of the fire. The king then knew that God was powerful and he would not let anyone say anything against God.

Application

Sometimes things get a bit hot for us too. Maybe we refuse to do something because of our belief in God and the choices he would want us to make. Maybe we've been unjustly accused of doing something we didn't do and had to be punished for it anyway.

Have you been in a situation where the adult is 'right' even though you think they're 'wrong'?

What happened? Did you get in trouble for your actions?

We can learn from Daniel's three friends, that when we obey God, we are not alone. No matter how hot it gets for us, God will walk into the fire with us. When the heat is on... God will be there. We will never have to go through difficulties and 'hot' situations alone.

Prayer

Lord, Thank you for being with us, even when we are not aware of your presence.

Help us to find you in times when the heat is on.

Amen

Further Information

The Bible passage is from Daniel 3. The quoted verses can be found in Daniel 3:24 - 25 (CEV)

Follow up ideas

Use heat to cook something. If you have access to a fireplace you could cook marshmallows while you exchange stories about times when the heat has been on.



Requirements for the Award:

For this level you can choose **two categories** from the topics below, plus the **first - In Emergencies**, and work them into the **SafeAz Home, Road and Fire module**. (*You do not have to complete all sections, only two, plus A.*)

Girls' who attend all nights the studies are taught, will automatically qualify for the award.

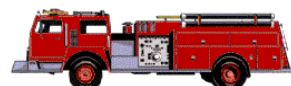
Ensure that there are plenty of opportunities for practical, hands on learning in these modules.

A. In Emergencies

1. Dial 111

2. The Telecom operator will ask you what emergency service you need:

- Police.
- Fire.
- Ambulance.



3. They will put you through to the emergency service operator. When the emergency service operator answers:

- Say where you saw the emergency and where you are calling from:
 - Town/City, Street/Road and the address.
 - Give your name and phone number in case you are cut off.

4. Say what you have seen.

- Say how long ago you saw the emergency.

B. Safety On the Farm/ in the Country

For city or town kids, this module could be taught in tandem with a visit to a farm either as part of your weekly programme or a weekend camp (Hay Barns are great to stay in).

Country kids will already know the rules of the farm because they have had them taught and modelled by their parents.

Some of the hazards on farms are listed below.

- Water holes, troughs, offal holes and soak pits.
- Dairy Oxidation Ponds (Usually fenced).
- Aggressive animals.
- Vehicles:
 - Stock Trucks, Milk Tankers and 4 wheel drive vehicles.
 - Hay balers, cultivators, harvesters, mowers etc.
 - Tractors (PTO shaft should always be covered.) and roll bars fitted (except on horticultural farms).
 - Motor bikes (Especially Quad Bikes) can roll over and crush the riders. Kids can break legs if they put their leg out to stabilise the quad and the wheel can roll over the leg.
- Machinery and tools.
- Chainsaws, workshop equipment and pumps etc.
- Poisons and dangerous chemicals, fertiliser and drenches.
- Diesel, Petrol and other flammable oil products.
- Fire arms.
- Fences across vehicle accesses which could be ridden into and cause injury to the rider/driver.
- Electrical hazards like electric fences, pumps, milking machinery, shearing gear, power leads etc.

- Wool packing presses are hazardous if kids climb into them while shearing is in progress. (They fall asleep, get covered with fleeces and then crushed inside the press.)
- Sharp tools such as knives, axes and other cutting or shearing equipment.
- Flammable liquids, matches and fires.
- Rubbish piles/disused-fencing gear: posts, battens and wire, stacks of logs or fallen trees drainage piping etc.
- Open water drains.
- Cattle stops.
- Streams, rivers, lakes and reservoirs, etc.
- Un-railed bridges.

C. Road Safety

(Source: "Kapai's Keepsafe Children's Road Code" by Uncle Anzac)



1. Crossing Roads and kerb drill

- When walking always obey the pedestrian lights:
Red Top light, means stop and wait.
Green Bottom light, means look and walk.
- Where to walk:
If there's a footpath, use it.
Do not walk too close to the kerb.
Where there's no path, on a straight road, always walk on the right-hand side facing the traffic.
- How to cross the road:
Stop at the kerb.
Look both ways before you cross.
When the road is clear, walk smartly across.
Don't run.
Keep looking both ways as you cross.

2. Crossing to School

- Always use the crossing near the school.
- Only cross when told to by patrols.
- Listen to the patrols and always do what they say.

3. Buses

- Wait on the footpath or the side of the road.
- Don't get on or off until the bus has stopped.
- After you get off, wait until the bus has gone before you cross the road.
- On the bus, sit quietly.
- Keep your hands and head inside.
- Stay in your seat and don't move about.
- No eating or drinking, yelling or screaming.
- Don't ring the bell unless you need to.
- Do as the driver tells you.

4. Trains

- At the station, keep well away from the tracks.
- Never walk on the railway tracks.

- Use overhead bridges to cross the tracks if possible.
- Look and listen to the train attendants. If you need help, ask.
- Follow their instructions.
- Don't move between the carriages.

5. Cars

- Always wear seat belts.
- Keep arms and head inside while the car is moving.
- Keep as quiet as possible.
- Babies and kids under 5 must be in a car safety seat.
- Kids should be in the back seat.
- Always get out on the foot path side of the car, not on the roadside.
- Walk to and from the car with an adult.

6. Bikes

Must have:

- Good brake on each wheel.
- A red rear reflector.
- Yellow pedal reflectors.
- A safety helmet on the rider.
- White front light and red rear light for night riding.
- Use a cycle track if there is one.
- Keep your eyes on the road.
- Keep left, don't wobble, and ride straight.
- Look behind you and signal before you turn right, stop or slow down.
- Be prepared to stop quickly.
- Slow down when approaching intersections and corners.
- Signal clearly.
- Don't ride:
 - More than 2 abreast.
 - 2 abreast while passing or over taking.
 - On a footpath.
 - On lawns, gardens on the side of the road.

7. Rollerblades & Skateboards

- Use skate parks or special zones for skating.
- Practise where there are no cars or people.
- Never rollerblade or skateboard on the road.
- Use your helmet and other safety gear.
- Watch out for pedestrians and cars.
- Check your gear regularly (weekly) to make sure that it is safe.
- Use roller blades and skateboards within your own limits. Don't do things, which are outside your skill levels that may result in serious injury.



8. Country Roads

- Always walk on the right-hand side of the road facing the on-coming traffic if there's no path on a straight road.
- At bends walk on the outside of the road.
- Only cross if you have a clear view both ways

- The roads may be quieter and less traffic than in the city but the cars are going faster and so can be more dangerous

9. Playing

- Never play on the road.
- Play in the park or inside the front gate.
- Never chase a ball or pet out onto the road.

D. Fire Safety

For this module we suggest you use the NZ Fire Service's "Fire Wise" education booklet, pre arrange a visit to the local fire station and ask a Fire Education officer to talk through the booklet with the kids. If you are touring the Station, you may need to either go a second time or get the Education Officer to come along to your Iconz Unit base so he can cover all of the points required.

E. Safety on the Internet

This Internet information is important to get into the hands of kids. All they need to know is available in an Internet safety education brochure. If you need one contact the people listed below.

If you want to teach this information in the Safe Az module use the "Keeping your children safe on the Internet" pamphlet. For a copy contact ECPAT NZ (End Child Prostitution, child pornography And Trafficking of children for sexual purposes)

E-mail: office@ecpat.org.nz

Web site: www.ecpat.org.nz

Ph: 09 376 5252

Fax: 09 376 5253 PO Box 41-264, St Lukes, Auckland

Final Night:

Called "Safeaz Houses" this activity is where the girl and her parent(s) are given a work sheet relating to the safety procedures that have been put in place for the environment where the Unit usually meets.

Create a worksheet with relevant questions (some of these could be):

How many fire extinguishers? Where are they situated?

Where is the first aid kit? Who can get it open?

Is the building secure from unwanted intruders during IFG meeting?

Leaders lie on "floor unconscious" (gas leak?) What do you do?

Where are emergency contact numbers?

Girls add as another number on their mobiles ICE (in case of emergency).

To end activity sound a fire warning when everyone must vacate the building. Do they know the assembly place? Once all accounted for (you could get a couple of parents to hide) finish the evening with supper and award presentation.

Notices:

- Remind parents that the next two weeks will be school holidays.
- Remember prior to the last night of term to send a notice home inviting parents to the presentation of Awards.